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## **Saturday evening, October 26, 2024 "A Day Interconnected by Divinity" Email Preamble**

### **Theme: "To Ride Your Escalator to Divinity"**

In my daily direct interactions with people from Japan and the world, I can affirm one thing. Since the beginning of this year, there has been a significant increase in the number of people who can say with confidence and certainty, "I have indeed changed." At the same time, we also hear that "I just can't feel confident."

In my last Saturday evening information e-mail, I wrote, "There are several ways to live with a certain self-awareness of Divine Spark's Divine Revived Consciousness," and I introduced seven ways.

#### **1. Think of a disappearing figure and pray for world peace.**

Pray for World Peace with the awareness of surrendering one's entire destiny to the Guardian Deities and Spirits. When we do so, the more our biased thoughts disappear, the more our divine consciousness will emanate. Believe in this thoroughly and pray with heartfelt gratitude

#### **2. Perform various INs, such as the Divine Spark IN, with the Divine Consciousness.**

With the awareness that "I, as a divine being, am the one who makes these INs," carefully make each IN one at a time, focusing more on the state of consciousness than on the number of times you make it.

#### **3. Send the mindset of "Koumyou-idea" into your daily life**

Always be mindful to reflect on your own consciousness, and whenever you discover a thought that deviates from the divine, continue to overwrite the memory stuck in your brain with a bright, divine thought.

#### **4. Write mandalas or words of truth respectfully**

Continue to write words that express the sound of the divine, such as words of light, truth, and divinity. By holding your breath while writing, you will connect directly with the source of life deep within your heart, and the words you write will deeply immerse your heart.

#### **5. Keep thinking and saying aloud the words of truth**

Depending on the situation, guess or say aloud words that express the sound of the divine, such as words of light, words of truth, and words of divinity. If we continue to do this with vigor and without any space for other thoughts to enter, the words we utter will become our consciousness before we know it.

#### **6. Speaking the truth based on experience to those who are related to you**

When we speak the truth based on our experiences to others, we are guiding ourselves. Therefore, as we repeat this process, the gap between our self-consciousness and the truth is corrected, and our divine consciousness becomes more radiant.

#### **7. Accumulate experiences in which one's evolution has changed oneself and others**

As the saying goes, "If nothing changes, nothing can change," and "If you change, the world will change." By accumulating experiences in which one changes oneself and others, the vibrational sphere of the cycle of great harmony is expanded to the surrounding world.

What is certain here is that while some people's path may be to do all of these things simultaneously, others may find their own path by thoroughly working on one or more of them. For some, the path to divinity is not described here.

Each of us has multiple past lives and prior experiences on other planets. Every person's path is different, so there are not simply seven ways to be fixed.

If you cannot find the right path, do what seems good to you, whatever it is, and take it seriously.

It is important to believe that we are divine beings firmly and to express in our minds and bodies thoughts, words, and deeds that lead to actions that manifest the divine. In such cases, I recommend that you ask yourself the following three questions

- 1. what is it that you want to accomplish in this life?**
- 2. Why do you want it? Write down as many reasons as you can think of. (or think of it).**
- 3. Is your desire to achieve the desires you just listed and live an ideal life just a longing? or is it a serious desire?**

The following are specific examples of the above. (This is just an example; the content will be different for each of you.)

- 1. I want to attain the Divine Spark by becoming one with God and the Self in the Physical Body.**
- 2. I desire Divine Spark for the following reasons.**
  - (1) Because I was born for it.**
  - (2) Because that is what my soul desires.**
  - (3) Because if I truly change to the Divine, the world I am involved in will change to the Divine world.**
  - (4) Because the Divine Spark of each individual is essential to making the Earth a peaceful planet.**
  - ( 5) Because if I can look at others and truly think, "I see God," then others will look at me and think, "I see God.**
  - ( 6) Because I want to be a living witness of "How Man Should Reveal His Inner Self" that "Man is originaly a spirits from God."**
  - ( 7) Because I believe that infinite love, wisdom, sapience, health, and creativity are inside me.**
- 3. my desire is a sincere desire. I will accomplish it no matter what.**

If you write out the above and your desire is true, it will be fulfilled. Because in any universe, "If you guess you can do it, you can do it. If you guess you can't, you can't. This is because the truth is "If you think you can, you can; if you think you can't, you can't.

Even if our hearts are in a hellish world, if we guess that we want to crawl up, we can crawl up, and if we want to turn hell into heaven, we can turn a dark world into a bright world.

On Saturday evening, we will review and deepen our awareness of divinity. At the end, we will form Divine Spark IN with our awareness from the perspective of divinity.

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**Saturday evening, October 26, 2024 "A Day Interconnected by Divinity" Opening Remarks**

**Hello everyone. We will start the Saturday program, "A Day Interconnected by Divinity."**

**Today, we will look at whether our awareness of Divine Spark up to this moment is a sincere desire or a vague hope. Then, with your resolve, we will have time to dive into the divine world and root our thoughts, words, and deeds in the Divine. And finally, as always, we will join in Divine Spark IN, with our consciousness standing in the perspective of divinity.**

**We will begin with a Prayer for World Peace in Japanese and English.**

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**1. Prayer for World Peace**

(Japanese)

**Sekai-Jinrui ga, Heiwa de arimasu-youni  
Nippon ga, Heiwa de arimasuouni  
Watakushi-tachi no Tenmei ga, mattou saremasu-youni  
Shugo-rei-sama, arigatou gozai-masu. Shugo-jin-sama, arigatou gozai-masu.**

(English)

**May peace prevail on Earth.  
May peace be in our homes and countries.  
May our missions be accomplished.  
We thank you, Guardian Deities and Guardian Spirits.**

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**2. Time to reflect on your feelings toward Divine Spark  
<Each participant will have time to ask and answer three questions to themself>**

(\*Whether you prepare a pen and paper and write them down, or ask yourself in your heart, either way is acceptable.)

**Thank you very much. Now, we will ask ourselves whether or not we really want to be Divine Spark and reexamine our resolve to be Divine Spark.**

**All of you here are wonderful people of great character who wish to achieve a Divine Spark and live in the Divine World. Here is a monologue from one of them. I will not mention names.**

*I want to achieve Divine Spark. But another feeling is that I cannot beleave to do it.*

*I have lived my life until now without thinking about it deeply, but at my age, I have been troubled by my relationships with other people, and I remembered the truth that "I am the cause of the feelings I have for others.*

*My hope is to live from a bird's eye view, with a Divine Spark consciousness. But I have been holding my hopes high and neglecting the necessary efforts that I really need to make to get there.*

*I hope to live from a bird's-eye view with a Divine consciousness. But I have been holding my hopes high and neglecting the necessary efforts to get there.*

*have yet to make continuous efforts. I realized that what was important was whether or not I was making the necessary effort on an ongoing basis.*

*When I realized this, I remembered the old days when I went to get my driver's license. I am talking about the driver's license. You know, the academic test, the provisional license test, and other necessary steps. My feelings toward Divine consciousness were such that I wanted to skip the necessary studies that I had to do at each step and get the full license.*

*That would be unreasonable, wouldn't it? So I looked up at the Divine consciousness with a sense of distance and resignation. Then, I would never be able to make the Divine Spark my own, would I?*

*The effort I should be making now is to get a provisional license. If I were to compare it to a staircase, I had to take the first step in front of me firmly in order to reach the Divine Spark at the top.*

*I finally understood. I am no longer lost. For the rest of my life, I may die tomorrow, but Divine consciousness is the only way. May Peace Prevail on Earth. Our Divine Spark, Dai-Jouju!"*

**After that realization, the person is living in now, 2024, with a serious switch in his mind.**

**Each of us has our own path to Divine Spark. If we find that path and walk on it, we will eventually see an escalator of light that will automatically take us to the world of Divine Spark.**

**It may be the type of escalator on which you don't have to walk on level ground, like at an airfield, or it may be the type of escalator on which you don't have to walk to get to the upper floors.**

**The way of life that leads to true Divine consciousness is not a difficult, arduous, painful path. Every day, our heart naturally warms; we are happy to live alive; we can live earnestly in the present; we are filled with love, and our prayers and gratitude never cease to overflow.**

**I am sure that this is true because I was the one who, until just a few years ago, complained and whined about complaints and shortcomings at every turn. I lived a life in which it was natural for me to defend myself and shift the blame to others, saying that they were at fault and that I was not at fault. But now I live the exact opposite.**

**I will now put three questions on the screen. Ask yourself each question as if you were asking them to yourself. You can do this any way you like: write them down on a piece of paper, ask yourself in your mind, or write them down on a notepad on your cell phone. I guess it is better to record them for later use, but if you can remember them, asking yourself in your mind is fine.**

**Now for the first question.**

1. What is it that you want to accomplish in this life?

Whether it is a material, spiritual, or soulish desire, please face yourself and name the one desire you most want to accomplish. The answer to this question should not be a "possible desire" but a "great desire" that will radically change the way you are. Because the question you are asking now is a question that will forever change the way you live in the future if you seriously face yourself and answer it.

2. Why do you want it?

Write down as many reasons as you can think of. (or think of one).

The answer to this second question can serve as the hand of your Higher Self (the higher divine spirit within) to inspire and motivate you in the future, push you back, and reach out to your crouching heart when you may lose sight of your goals or feel like giving up.

3. Is your desire to achieve the desires you have just given and live your ideal life just a longing? Or is it a sincere desire?

If our desire is just a longing, we will eventually take the easy way out, as we have in the past. But if our goal is a true desire, we will not give up, no matter what the circumstances, but will continue to do what needs to be done at each moment, like climbing a staircase, step by step, and eventually obtain what we have set out to do. If we want to get out of the life in front of us, and the beliefs and habits that have led to it, we can recognize our current reality as the fading away of our past and present lives. We can change ourselves by letting go of the attachments, assumptions, and beliefs that have made us the way we are. You can truly change yourself. That is because the power to change oneself is present in life from the beginning. These three questions are questions that bring out the infinite power of self-transformation that is present in life from the very beginning. If you did not have enough time to face yourself today, when you have time, face yourself and ask these questions to your soul. I am sure that from that moment on, your consciousness will change, and you will be able to take action to become the person you want to be.

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3. Divine Spark IN

Next is the Divine Spark IN. When I say "Hai," please join a declaration with me and then do it. We will perform the Divine Spark IN seven times in a row. Let's get started.

We, Divine Beings, send Universal God's light as we embrace all nature, all living beings, and humanity.

[Divine Spark IN seven times in a row]

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That's all.