



Saturday evening, June 29, 2024 "A Day Interconnected by Divinity" Email Preamble

Theme "Touitsu"

One of the practices that remind us of "who we, humanity, are by nature" is Touitsu, which consists of Goi-sensei's Clapping hands and Spiritual whistling (*Koto-dama is sometimes included). (Clapping hands, when viewed as God's work, manifests the stern love. From the same perspective, the "Spiritual whistling" manifests the soft love.

When we listen to Clapping hands and Spiritual whistling and pray for World Peace, our Spirit and Physical Body will be surrounded by the vibrations of purification and healing through the echoes of divine vibrations manifested as Clapping hands and Spiritual whistling, without our knowing it, The inherent divinity is drawn out of us without our knowing it.

Therefore, as we repeat Touitsu while listening to Goi-sensei's Clapping Hands and Spiritual Whistling before we know it, it becomes easier and easier to let go of our biased thoughts, such as assumptions, obsessions, judgments, and attachments. As we go through various experiences in our daily lives, when various thoughts appear, it becomes easier for us to realize, "Ah, this is the fading away of thoughts," and we are transformed into a person who can easily let go of biased thoughts

Today's program will focus on Touitsu, but for those who have been practicing Touitsu in their lives for many years, we want to ask you to stand by Goi-sensei and the Great Light of Salvation and help mediate the radiation of the stern love and the soft love of the gods into the Physical Body world.

For those who do not usually perform Touitsu in their daily lives, we ask that you bathe in the divine vibrations that resonate through your senses through Clapping hands and Spiritual whistling, and let the Words of Light, Words of Truth, and Divine Words, including the Prayer for the World Peace, resonate within your heart, as you breathe slowly and calmly.

This time, we will spend more time in Touitsu, which is the act of becoming one with Guardian Spirits and Deities, to heal physical and mental illnesses and injuries and help us draw out our divine divinity and apply it to our daily lives.



Saturday evening, June 29, 2024 "A Day Interconnected by Divinity" Opening Remarks

Hello, everyone. Let's start the Zoom Prayer Meeting.

As I mentioned in my e-mail, today's program will focus on Touitsu. Goi-sensei said the following about Touitsu.

"Touitsu is not about forcing yourself to do something like, 'I have to unify, hmmm.'" You must open your mind slowly, stretch your body, throw your mind and body out, and release the tension. Just keep

your back straight, form a circle by the forefinger and thumb of each hand like this Nyorai-IN, and listen intently to the whistling and clapping hands while praying for World Peace. Then, you can true Touitsu. Touitsu is entering the light of life and becoming one with God's will. Let's get started."

A long time ago, I once received unification guidance from Masao Murata-san, an elder person who wrote the spiritual world communication series and the Flying Saucer books and worked as one of Goi-sensei's assistants. He went around while the members were doing Touitsu and guided individual Touitsu. It was like an instructor at a Zen temple going around among the monks with a rod.

As I closed my eyes in Touitsu, Murata-san put his hand on my chin and pulled my face up so my head was slightly upward. After that, he put his hand on my back and corrected my posture so that I could maintain the correct posture. What Murata-san said at that time about the correct posture of Touitsu is still a guideline for my life.

He said, "Keep your back straight, relax your shoulders, and lightly pull your chin." He also recommended that we sit upright for Touitsu, not in the full-lotus or half-lotus positions, as monks do in temples.

In recent years, we have been approaching the vibrations of the spiritual world. Therefore, the correct sitting, posture, breathing, and use of consciousness are all inspired and taught to us as we repeat the prayers of gratitude as "Thank you, Guardian Spirits and "Thank you, Guardian Deities."

It is not good to be carried away by miscellaneous thoughts, but it is best not to deal with the miscellaneous thoughts during Touitsu. For example, I don't remember where I read it, but there was an example of others in which Goi-sensei praised a unification that he guessed was not done well because it was full of miscellaneous thoughts.

I guess that the way to deal with miscellaneous thoughts during Touitsu is the same as how to deal with karmic thoughts that appear from time to time in daily life (fading away figure thoughts far away from the divine). Whenever I feel any kind of miscellaneous thoughts during Touitsu, I do not deal with them but simply continue chanting the words of the Prayer for the World Peace and other words of light, truth, and Divinity in my mind, and I feel a clear mind and do not feel the Physical Body.

Also, the important thing to remember is that if you have curious thoughts such as, "I wish I could see or hear spiritually," you should leave all such thoughts to your Guardian Spirits as fading away, immediately forget about the spiritual experience, and try not to get caught up in the situation.

Goi-sensei cautioned against being interested in psychic abilities, saying, "I do not want to raise you to be mediums," and that "the important thing is mind must first become perfectly united with God's will. Then, the spiritual power will be used later as needed.

That is mentioned more specifically in Goi-sensei's talk to Hideo Saito-san, "The Story of the Six Divine Powers of Buddhism. Elder Saito said to Goi-sensei, "Goi-sensei taught me that it is important to pray, not to reason, so I formed a prayer group, prayed hard, and continued Touitsu, but I have never seen or heard anything like Murata-san and others. Am I a person with no qualities? When asked, "Are people like me people with no qualities?

Then, Goi-sensei said: *"Saito-san, people like Murata-san and others are rare, less than 1% of humanity. If humanity could not be saved without being able to see and hear spiritually, then I would not be able to fulfill my mission to save the world. Most humanity comprises ordinary people like you who cannot see or hear spiritually. If we cannot save these ordinary people, we will never be able to achieve World Peace.*

Fortunately, you believe in my words and are sincerely "Seeing it fading away and praying for World Peace." That is the most important thing. My teachings are so simple, ordinary, and easy to understand that some people may guess they are insufficient. Still, suppose you continue to follow them tirelessly. In that case, you will realize that they are more wonderful and the best than any other practice that involves physical body torture, such as bathing in waterfalls and fasting.

"Seeing it fading away and praying for World Peace" is said to be "the highest divine power of the Six Divine Powers" that En no Gyoja taught to his many disciples. It is the secret of gaining the "Rojin-tsuu" as must power at six divine powers.

The five divine powers include "the power to read another person's mind," "the power to move anywhere at once," "the power to see things from a distance," "the power to hear voices from anywhere," and "the power to instantly know one's occupation or training in a past life. They are all powers to the extent that they can be done even with the help of lower-grade spirits and cannot be said to be the activation of the power of a higher-grade divine spirit.

The last of the six powers, "Rojin-tsuu power," is not something that can be achieved through human effort and practice but is the supreme divine power that can only be attained when one has the mind of God as one's mind and the mind of Buddha as one's own mind. I am teaching the path to attain this supreme divine power in the easiest way possible for anyone to do. That is the thoroughgoing: "Seeing it fading away and praying for World Peace"

If you continue casting all thoughts into the Prayer for World Peace, without grasping at anything and fading away even when biased thoughts arise, eventually everything that disappears will disappear, and all that will remain will be the Infinite and Absolute Will of God, in other words. In other words, God's infinite and absolute Great Will is our True Self.

My teaching may seem very ordinary and simple, but it is the best way to develop the highest divine power that humanity can possess. God will always provide what is needed, according to one's needs. Once you have the Rojin-tsuu power," you can use the other five divine powers at will as be needed."

From what I have said so far, I have learned that in our Touitsu practice, through purification by Clapping hands and Spiritual whistling, our "grasping" of all memories that we have forgotten

the divine becomes less and less, and as we do so, we become more and more unified with our source of life, and eventually, we become more and more unified with the source of life, which is our own self. That is the process of unifying oneself with Universal God and eventually becoming able to manifest the entirety of the vibrations of the Divinity in our thoughts, words, and deeds.

Now, let us perform the first Touitsu. All Prayers for the World Peace will be in English and Japanese.

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* Prayer for World Peace

(Japanese)

Sekai-Jinrui ga, Heiwa de arimasu-youni

Nippon ga, Heiwa de arimasuouni

Watakushi-tachi no Tenmei ga, mattou saremasu-youni

Shugo-rei-sama, arigatou gozai-masu. Shugo-jin-sama, arigatou gozai-masu.

(English)

May peace prevail on Earth.

May peace be in our homes and countries.

May our missions be accomplished.

We thank you, guardian divinities and the guardian spirits.

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1. Touitsu - First time - About three and a half minutes

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2. Touitsu - Second time - About 8 minutes and 40 seconds

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3. Touitsu - Third time - Approximately 14 minutes

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4. Divine Spark IN – 7 consecutive – 1 set –

Next is the Divine Spark IN. When I say "Hai," please join a declaration with me and then do it. We will perform the Divine Spark IN 7 times in a row. Let's get started.

We are united with All of Nature, All of Life, and All of Humanity.

Therefore, divinity is restored to all spiritual and material vibrations through us.

[Divine Spark IN seven times in a row]

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That's all.