

Saturday evening, April 27, 2024 "A Day Interconnected by Divinity" Email Preamble

To build inner peace in the heart, it is important to acknowledge every self within you and embrace it as a fading away. Some people who have been praying for years have found that their biased thoughts have diminished considerably through daily prayers, INs, and other practices along with by practicing them within their own hearts.

On the other hand, some guess that it is good to recognize and embrace all of oneself as one's fading away but do not know how to do so. Therefore, on Saturday night's "A Day Interconnected by Divinity," we will try to release all the smoldering selves within the heart that do not have the "fading away figure as angel wings.

Please close your eyes for a few seconds and look into your mind. Many of you may guess, "No, I don't see anything. That is true. That is why we live divided into so many people.

What I am trying to say is the story I always tell that 'the feelings we feel toward ourselves, and others are the projection of ourselves. For many people, especially those not in the habit of introspection, the feelings we have for others are tell us "fading away" that we are unable to grasp.

Especially in close family, relatives, friends, and professional relationships, we are shown (or made aware) a reflection of our inner self that we do not want to admit to ourselves. Therefore, those who wish to eliminate problems in their relationships should look at their habit of thinking bad thoughts about others and their habit of trying to protect themselves as their own responsibility, and good to let the habit of thoughts that cannot go to heaven go back to heaven.

The reason why the source of our life, which created humanity, has divided and manifested its own life into many human beings is not only the fundamental reason as described in "God and Humanity" but also the reason why it has divided and manifested its own life into many human beings so that each of us will not lose sight of ourselves as we forget our true nature as God and engage in the development of a world with coarse vibrations. In this sense, it can be said that the earth's humanity race was created to know itself through its relationships.

Of course, we see ourselves reflected in the air, the earth, the water, and all living things, but what we feel in them is the objectivity of life at a level where our feelings do not tingle.

One cannot guess what one does not have cause to think so within oneself. That is why when several people see one person, each person has their impression of the person. The thoughts that come into our minds and the words that come out of our mouths are all thoughts and words that express ourselves. The thoughts and words we think are expressing others are expressing ourselves.

That brings us back to what I said at the beginning, that to build inner peace within the heart, it is important to acknowledge all the selves that exist within us and embrace them as fading away.

Even so, if we cannot recognize our "habitual thoughts" that are clinging to the folds of our hearts, we cannot let go of them as "disappearing figures. And if we cannot recognize it as a fading away, we will not know what to embrace.

To practice the fading away process effectively, we need to "look at the naked mind as it is and acknowledge its existence," "give it the wings of an angel in the name of the fading away," and "embrace all things as they are with the consciousness that has been released from the fading away. (Those who are in the master class from the beginning may be able to fading away their habitual thoughts that are out of their true nature without being aware of such a detailed process...)

As mentioned above, the first step in acknowledging things as they are, letting go of them as fading away, and affirming all things as they are is to redirect the feelings, we have toward others toward ourselves and to acknowledge the cause of those feelings within ourselves with a sense of humility. As we continue this practice, the habit of blaming and judging ourselves and others will fade away.

Another important point is that as we strive for a divine spark world, we must become the fading away in which good assumptions, beliefs, judgments, and even attachments are erased. If we can do that, we can step out of the cave of our assumptions and into the divine world.

On Saturday evening, let us take a day to confirm our Divine Consciousness perspective, release not only our negative captivity but also our good captivity, and love and forgive in an all-inclusive way.

Saturday evening, April 27, 2024 "A Day Interconnected by Divinity" Opening Remarks

Hello, everyone. Let's start the Zoom Prayer Meeting.

To build true peace on earth, we need to build inner peace within each of us who live on this planet. To build inner peace, we must let go of desires, hypocrisy, and thoughts that condemn and judge ourselves and others.

To do this, we first need to look directly into our hearts and acknowledge the existence of the various qualities that we need to let go of, which we have been pretending not to see or not paying attention to in the first place.

The Guardian Deities and Spirits who watch over us and guide us try various means to make us aware of the habits of our thoughts that we need to let go of; many physical human beings criticize, condemn, and evaluate others but cannot look at themselves objectively. That story makes us feel sorry for the efforts of the Guardian Deities and Guardian Spirits.

Therefore, the "Law of Mirrors" was used by the gods as a means to attain enlightenment. Tenrikyo founder Oya-sama taught, "This world is a house of mirrors, so if you change yourself, the other person will change.

Goi-sensei also once told the following story.

Because I exist, everyone exists, right? Then, the only thing that exists in this world is I. Do you understand? There is only oneself. There is only my-self as the God of the Universe. Everything that appears around us is the manifestation of God's will. Therefore, it is your responsibility, no matter what bad people appear before you. Your wave motion will appear there. It is better to complain to oneself than to complain to something that has appeared, but complaining is no use, so let it fade away and let it be included in the prayer for World Peace.

Thus, today, we will begin with the World Peace Prayer, practice turning our thoughts of others back to ourselves, practice releasing our thoughts of blame and judgment, and end with the Divine Spark IN 21 times.

Let us pray for World Peace in both English and Japanese.

1. 《Prayer for World Peace》 *Approx. 3.5 min.

(Japanese)

Sekai-Jinrui ga, Heiwa de arimasu-youni

Nippon ga, Heiwa de arimasu-youni

Watakushi-tachi no Tenmei ga, mattou saremasu-youni

Shugo-rei-sama, arigatou gozai-masu. Shugo-jin-sama, arigatou gozai-masu.

(English)

May peace prevail on Earth.

May peace be in our homes and countries.

May our missions be accomplished.

We thank you, guardian divinities and the guardian spirits.

2. 《Time for self-openness》

2-1. Time to redirect your thoughts and feelings about others toward yourself

Next, we enter a time to redirect our feelings for others back to ourselves. The reason why this is good is that the feelings you feel toward others reflect your inner self.

As I'll talk while playing background music, please be aware of the divine perspective and reflect on the movement of the heart that is taking place in your thoughts. 《The music will begin to play》

The reason why we can say "through our thoughts about others" is that our consciousness is designed to know our inner self through the thoughts we feel about others. In this sense, we live in the entirely mirror world.

However, when we are carried away by the habit of self-centeredness, even though we live in a mirror world as far as the eye can see, we repeatedly make outward judgments of criticism, condemnation, and evaluation, saying, "Who is good and who is bad," "I like that, and I dislike that," "that is right and which is not right," and so on.

Then, no matter how much we pray or form the IN, we are radiating light into the world, but on the other hand, the biased thoughts that you cannot let go of cancel out your good deeds.

The reason why we cannot redirect thour feelings for others back to ourselves is, in a word, due to ego's resistance. Mr. Ego is very annoyed when we Divine Spark. They guess they will lose their place if we fulfill the Divine Spark. Therefore, they work to keep our thought habits in a negative state with a defensive instinct.

We think, "That person is a jerk," "I envy that person," "I'm jealous of that person," "I resent that person," "I'm not funny," "Why is that person so selfish," "Why does that person blame me," "Why doesn't that person understand me?" I want approval," "Please love me," "I want this person to do what I think is right," "I want to move this person according to my ideas": In those way, any mental movement that is bothering or aching about others is the process of the ego's disappearance. It can also be said that this is the moment when thoughts from past lives to the present are being vibrational adjusted and balanced. Such thoughts are not divine thoughts that come from our True Self.

Our True Self is the Great Power that created and continues to operate the universe. It is the light of infinite life that is matchless and absolute. The power of life that moves us resides within every being.

In that sense, when our consciousness is directly connected to the source of life, we are all one, oneness. Therefore, when we know that we are one life, we do not think of ourselves and others as above or below, like or dislike, but as God-consciousness that embraces all.

Some of you here today may think that you have been praying for decades and still have feelings you cannot let go of. Some may have been praying and practicing IN for a long time but still feel down on themselves, saying, "I can't have the confidence and awareness of having done the Divine Spark.

We have various feelings through others. Even in this place of prayer, we may have thoughts about who is above or below us, who is wonderful and who manifests divinity, etc. These thoughts are neither good nor bad.

All of these thoughts and feelings are a reflection of one's inner self in the mirror of others. Therefore, even if you are in contact with others and emotional thoughts are stirring, it is better to face those thoughts directly within yourself, without blaming others. First of all, don't hate the following thoughts, don't pretend to ignore them, but accept, acknowledge, and embrace them: the self that is assuming something, the self that cannot let go of an obsession, the self that cannot have confidence, the self that sees itself as no good, the thoughts that smolder as envy or jealousy, the thoughts that won't forgive those around you All the feelings of perpetrator and victim, such as the habit of looking down on others, etc.

Once you accept them, try to find their opposite in your mind. If you cannot find it yourself, ask your guardian spirit, and it will tell you through intuition.

For example, if you have feelings of envy or jealousy toward others, redirect those feelings back to yourself. You will find that there is a sadistic self that thinks it is right to be self-deprecating,

that looks down on itself, that tramples on its dignity with its feet, and that feels pleasure in bullying itself without forgiving itself.

Generally speaking, sadism is a pathological concept that means to gain pleasure by inflicting pain on others, but when one does not have confidence in one's divinity, one is content with putting oneself in a low position by comparing oneself with others, as in "that person can do it, but I can't."

"Both lowliness and pride are a stain on one's life. Be firm in yourselves." This is Goi-sensei's the tanka poem of truth. We all know that pride is wrong, but the truth is that many good people do not guess that condescension is wrong. That is why Masami-sensei has told us countless times to "have confidence.

When we have a feeling of self-deprecation when dealing with others, we deny our divinity as a perpetrator in our hearts, and we are satisfied with humiliating ourselves. At the same time, there is the opposite self, the self that you are denying divinity. That self agonizes in agony, saying, "I am supposed to have divinity, but I cannot manifest it.

In this way, our manifest and subconscious consciousnesses are so intertwined and chaotic that they are not straightforward. However, the one-sided self that we find through the feelings we have for others is the trigger for us to see both sides of ourselves, like the positive and the negative, the victim and the perpetrator, and to say to them, "It's okay to be so," "It's okay to guess so," "You are both fine just as you are." By acknowledging our existence in this way, the balance of positive and negative in the our mind will be balanced."

After repeated practice in this way, the effect is so great that your mind instantly becomes brighter. When I first experienced this, I guessed, "What have I been worrying about for decades?

No matter what others have done or said to us, our hearts are not raped by them. We were just hurt and troubled by what we were doing to ourselves...

2-2. Time to release feelings of blame and judgment toward yourself

Now, let us move on to the time to release the thoughts that condemn and judge ourselves. As before, we will speak while Music is playing. As you listen to the Music and my talk, please be aware of the divine perspective (divine vision) and reflect on your thoughts and feelings that are occurring or have occurred in the past. 《 Music begins to play》

Thoughts that condemn and judge ourselves, thoughts that criticize others, thoughts that cannot forgive others, the desire for control to move others as we wish, complaints against others, hatred, and anger toward others that burn up as flames, etc., we can confirm their existence within our hearts.

They are active in our minds as the self that does not forgive itself, the self that does not recognize itself as a divinity, the self-limiting self, the self-blaming self, the self-unforgiving self, and the self-loathing self.

Thoughts, by their very nature, are easy to let go of if we do not continue to think them. It is also easy to think as fading away. However, if we continue to think the thought, the mass of the thought grows. When you realize this, it is very difficult to dissolve them later.

Therefore, no matter what thoughts are expressed, it is better to break them down into chunks at the right place and time.

Therefore, I say, "No matter what kind of thoughts are expressed, it is better to end them one at a time, in the moment, by breaking them off into pieces. Don't keep the snowball of thoughts rolling and don't make it so big that you can't handle it," I tell those close to me.

For example, the following story is not directly related to thoughts of blaming and judging oneself, but I will use the example of when you are sick and your body is in pain. It is human nature to guess that you are in pain, suffering, or pain, but if you separate your thoughts and feelings on the spot, saying "pain, end," "pain, end," or "suffering, end," then your self-awareness that you are sick will not grow. Therefore, with the help of natural healing power, medicine, and doctor's treatment, you will heal faster than you guessed.

If you don't guess that you will continue to blame and judge yourself, you can let go of these thoughts and regain the original radiance of life more quickly than you think. Then, we can quickly regain our original self, which is bright, positive, optimistic, ambitious, and full of unlimited potential.

To do this, as I mentioned earlier, through the feelings we feel for others, we can redirect those feelings back to ourselves. In doing so, you can see the self that has not forgiven itself, the self that has not recognized itself as a divinity, the self that is self-limiting, the self that continues to blame itself, and the self that has not loved itself.

Afterward, get into the habit of seeing the opposite of yourself. It is the self that has not been forgiven by oneself, the self that has not been seen by oneself as a divine being, the self that has been unable to operate freely because of the shackles of self-limitation, the self that continues to blame oneself, the self that is freezing because it is not loved by oneself, and so on.

By simultaneously seeing both sides of ourselves, the yin and yang of our hearts are harmonized, and infinite possibilities are activated. Then, the self that challenges what it thought it could not do, the self that opens its heart to those it thought it disliked, the self that recognizes the divinity of those it looked down upon, and the self that proudly performs the acts and deeds of divinity that it could not muster the courage to do will be revealed.

There are also various reasons for blaming and judging oneself. There is self-denial and self-limitation in terms of one's abilities, there is a state of blaming and judging due to unforgiveness for past mistakes, and there is the gross misconception that it is one's own fault that the other person is not better.

No matter what nature of thought habits seem to remain, the karma we carry over from our past lives has burned out and no longer exists. GOi-sensei said the following: Sunday, December 2, 2018, at Fuji Sanctuary.

'For those who form the Divine Spark IN, the past is already gone. The past is all gone. Old memories...memories of anguish, fear, and anxiety may arise in the mind, but they have all passed away.

All the past has been burned away completely. They are nothing but the black smoke and ashes of the burning away, even if they seem to be there. There is no energy or power in the smoke and ashes.

When you guess that "the past remains," it is an act of thought in which the thought repeatedly grabs the smoke and ashes, recalling the memory of the past, which has no power or energy, and deliberately tries to bring it back.

Now that the Divine People have lowered the Divine Spark IN, the suffering and troubles of their past lives up to the present day have completely disappeared and been elevated to the light.

Congratulations, Shinjins. Thank you, Shinjins. Thanks to all of you, this world will be revived. It is true. World Peace, the Divine Civilization, will be here on earth again.

Only when you share your experience of the Divinity Resurrection with many people will world humanity be fully convinced and understand."

Masami-sensei then spoke about how letting go of memories is the key to not holding on to the past.

What we are doing today is one way to let go of memories effectively.

3. Divine Spark IN

Next is the Divine Spark IN. When I say "Hai," please join a declaration with me and then do it. We will perform 3 sets of 7 repetitions in a row. Let's get started.

<First declaration>

**We are united with all of nature.
All nature's missions be accomplished.**

[Divine Spark IN seven times in a row]

<Second declaration>

**We are united with all living things.
All living things' missions be accomplished.**

[Divine Spark IN seven times in a row]

<Third declaration>

**We are united with all humanity.
Humanity's missions be accomplished.**

[Divine Spark IN seven times in a row]

That's all.