

*Saturday evening, November 4, 2023 "A Day Interconnected by Divinity" Email Preamble and Opening Remarks*

## **Saturday evening, November 4, 2023, "A Day Interconnected by Divinity" Email Preamble**

From another perspective, the "Divine Consciousness" that I have been sharing as the perspective of the "bird's-eye view" can be described as the "state of steadfastness of mind" as it is. Therefore, if our mind can look at everything as it is without evaluating what we see or hear, we can say that this is true divine consciousness.

On the other hand, if your mind is shaken by everything, you see or hear, and your mood rises and falls on a roller coaster of joy, anger, sorrow, and pleasure, then you do not have a bird's-eye view, and you are not fully manifesting the consciousness of the sacred.

For your information, I would like to share the experience of a person who attained steadfastness of mind. A person told me that Masami-sensei appeared to the person in the dream, and the person underwent one-on-one simulation training to stand on the coastline where a huge tsunami was coming and remain steadfast.

The purpose of the training was to be able to stand on the shoreline and not think anything of the tsunami, but at first, the person thought, "No," or "I'm scared," and was swept away by the waves.

Finally, the person was able to become connected to the ocean without thinking "scary" or "okay" and was able to stand without being splashed by the oncoming tsunami as it split in two in front of the person.

The process to get there is as follows:

- \*Taking positive thoughts for granted recognition to diminish negative thoughts

- \*Let go of even the positive thoughts that were necessary until the middle of the process

- \*If the person does not feel "afraid" or "okay," the person can become one with the ocean, the sky, and the earth.

It is said that the same as what Moses is said to have done in the past, and anyone can do it as long as they place their consciousness in a "bird's-eye view." I closed my eyes and tried to imagine it, and I was able to share the person's successful experience.

I also always say that "sacred and connected consciousness" is the consciousness that is connected to the Guardian Spirit's Consciousness, which means that our consciousness is on the same level as the divine spirits. From this perspective, an awareness that does not become anxious, upset, or positively biased in times of emergency can be cultivated in "daily life," living as one with the Guardian Deities Consciousness and Guardian Spirits.

Therefore, on Saturday, we will pray from the perspective of the divinity that embraces all humanity with the arms of God, becoming one with all of nature and all living things, looking at all events and phenomena occurring on the earth without criticism, condemnation, or evaluation, with such an awareness of steadfastness.

In this way, we can approach a state of mind in which we see everything from a bird's-eye view, undisturbed by anything, and have the power to protect everything we are connected from any calamity or disaster.

## **Saturday evening, October 8, 2023, "A Day Interconnected by Divinity" Opening Remarks**

Hello, everyone. We will start the Zoom Prayer Meeting. Today, as I mentioned in the email, we will be raising our awareness together on the theme of Steadfast Heart, and we will all stand together in a bird's-eye view and pray for all of planet Earth.

Our true nature is sacred, and we are all beings divided and manifested to unfold the "Idea of the Source of Life," which created the universe. However, because we, who hold the fate of the earth in our hands, have long forgotten the facts, the fate of the earth is now in a state of limbo.

In this situation, is there anything we can do to protect all living creatures and nature and to bring about an evolution of consciousness to the entire humanity? If so, what is it?

There are many opinions and ideas, such as "Prayer is the only way," "We should perform many Divine Spark INs anyway," "We should spread the truth to humanity," and so on.

All of these are correct, but we who are connected to the truth of the universe must first manifest the Love, Divinity, and Truth in our thoughts, words, and deeds. The above actions are what we must do while doing it.

That is because I believe that unless many models on earth embody "how we should live to make everyone happy," no matter how much some people talk about ideals, they are just empty theories and cannot be of any help in creating a bright future for the earth.

What is important is that we remember our divine consciousness and make it our standard equipment. In other words, we must first be resurrected as "God living in the flesh" and become a bulwark for all humanity, all living things, and Mother Nature.

If we live in the here and now with a state of mind that has graduated from all self-denial and self-limitation, the space around us will be free from the waves of any calamity. That means, as I mentioned in my email, that we have the potential to protect people and living things around us by giving a wide berth even the biggest tsunamis, if we maintain our sacred consciousness.

We always pray for peace in the world, and we are always performing Divine Spark IN. That means we are sowing the seeds of the Divine that will promote the transformation of human consciousness while protecting nature and all living creatures.

Today, with confidence that we will have lived such a virtuous life, we recognize all phenomena as images on a screen that we watch from the Divine World. Then, while being aware that we are standing in the perspective of the divinity that overlooks everything, we will take a close look at all the situations that pertain to the earth. We also want to look down on our various thoughts and feelings toward them, gaze at all the thoughts floating in our mind like a flowing cloud, and radiate the "light from the source of life that animates and nurtures all things."

Now it's time to pray for world peace in Japanese and English. I will use three and a half minutes of audio, so please pray with your eyes closed and focus on the divinity. Then when I say, "Hai, arigatou gozai-mashita," open your eyes. Then, let's get started.