

## **Saturday evening, October 21, 2023, "A Day Interconnected by Divinity" Email Preamble**

Thank you for joining us for A Day Interconnected by Divinity. This time, I would like to reaffirm the most fundamental aspect of "Humanity's True Way of Life," which is the "Clear distinction between true heart and biased thoughts. Because that is the shortest course leads directly to the divinity's perspective with a bird's eye view of everything.

Before that, we would like to confirmation the following two points.

◎"Clear distinction between true self and biased thoughts" is indispensable in deepening our consciousness from the four- to the five-dimensional realm.

◎This is also the fundamentals for opening the path to enlightenment and deepening our sense of oneness with the Divine Self.

Based on this, let us see how much difference there is in our state of mind when we perform the "Thinking as disappearing figure and praying for world peace" between those who have mastered the basic awareness of "Clear distinction between true self and biased thoughts" and those who have not.

To concretely picture the above difference, it is easy to understand by imagining an archery game in which an arrow is shot at a target. The state of being unable to distinguish between one's True Self and biased thoughts clearly, thinking that everything is vanishing and praying for world peace, is the same as shooting an arrow blindly with a blindfold on and only hitting the target by a lucky shot once in a thousand or tens of thousands of times.

In contrast, while clearly distinguishing between true self and biased thoughts, one can say, "Ah, this is how my thoughts are disappearing. Thank you, Guardian Spirit, for manifesting and erasing them this way. When you are saying, "May Peace Prevail on Earth...," you are shooting an arrow with a firm and correct form and with a selfless and unmindful state of mind, which can be compared to hitting the target with a probability of almost one hundred hits, even if you don't hit the center.

What is important to remember here is that the true disappearing form is the "biased thoughts such as assumptions, obsessions, judgments, and smug sense of justice that cling to one's mind," not the actions of oneself or others or the state of society.

The social conditions of the entire earth and your country as a whole, as well as the words and actions of oneself and others, are the state of a film being shown based on the essential disappearing form of each individual. In other words, a film that has already been shot is being shown in the movies of the Physical Body. The physical Body Consciousness is not on the screen but is watching the film shown in the Divine Realm in the audience.

If we can think, "Oh, I see," with that fact into our minds from the bottom of our hearts, our consciousness will rise to the perspective of divinity at that moment, no matter what state of mind we

are in. Then you will realize that the phenomenal aspects you thought were “now” all manifestations of the past and that the "real now" is how you use your consciousness each moment itself.

On Saturday evening, we will know "the truth now", stand from the divinity perspective with the clear distinction between the true self and biased thoughts, and silently embrace and love the aspect of the phenomenal plane that is the image of the past without criticism, condemnation, or evaluation. That is to co-create the original world from the creator's perspective and to create a bright future that awaits turn in the depths of the dark reality, here and now.

## **Saturday evening, October 21, 2023, "A Day Interconnected by Divinity" Opening Remarks**

Hello everyone. We will start the Zoom Prayer Meeting. Now, I will explain the overall proceedings at the beginning of the day. First, I will speak for about 15 minutes now. After that, we will pray the World Peace Prayer, three sets of seven Divine Spark INs, and finally, the World Peace Prayer.

Sometimes, I hear people say, "I can't believe that my "disappearing figure" has disappeared. Today, we would like to make this day a day where those who have such problems can resolve them and feel the "disappearance."

In my e-mail, I wrote, "It is your bias thoughts that must be made to disappear, not the words and actions of others, social conditions, or other phenomena. Let me give you an example of what I mean.

For example, let's say that you strongly dislike a certain person's words or actions, and you remember the person's words or actions now and then, and your feelings become clouded, and you have a hard time clearing your mind. In such a case, it is common to think that "it is the other person who is at fault" and "I don't want to admit that I am the cause of the problem, isn't it.

In such cases, the best thing to do is to let go of the "bias thoughts," but when I tell people this, they often say, "You say that, but how can I let go?

That is because they do not understand the cause of their clouded mind, and they are in a one-sided state of thinking, "The other person is bad, the other person is bad," and that is all they can think. In such a case, I recommend that you know and learn [that what you feel for others is within you and that you do not think what is not caused by you.

As I always say, the existence of others is a mirror that makes us aware of the disappearing form (bias thoughts) that lurks within us. In truth, no matter what others do, whether good or bad, if you feel something when their actions touch you, it means you had the seed or cause to feel that way, and there is nothing else.

For example, if you tell someone with an ongoing temper tantrum, "Yes, your fault is that you have a temper. If you don't fix that habit, you'll lose it. However, if the person has already graduated or is about to graduate from that state of mind, you can say, "Yes, you're right. I might have some of that in me, so I'll be careful," and they will respond in an anticlimactic manner.

Have you ever experienced that no matter what warnings people give you, even if they hurl abusive language at you, your heart does not stir? Or, when you are raising a child, have you ever had the experience that no matter how much your child is naughty and pushes you, you think it's cute because you understand the child's condition, and you think, "It can't be helped," but you don't get angry? That is a state in which no seed or cause is trapped within you.

The human mind is equipped with a mechanism that prevents emotional disturbance when there is no cause for it. Therefore, if we feel something negative toward others or society, the cause is always ourselves. Our guardian spirits pray for us, guiding us to humbly acknowledge our divinity without being mean or prideful. They give us a chance to let go of our bias thoughts by arranging for our reactions to the words and actions of others to trigger the manifestation of our vanishing form (biased thoughts).

When you "Think as a disappearing figure and pray for world peace," expose to your guardian spirits your whole self, which has been poisoned by the carbon monoxide of thoughts caused by the discord between the victim and the perpetrator within you, in this way. Repeat your gratitude to the Guardian Deities and Spirits, saying, "Thank you for allowing me to let go in this way," or "Thank you for making it appear and extinguish it in this way. In this way, the guardian spirit will surely help us to make our habits of unfulfilled thoughts come to Buddha.

In this way, if you continue redirecting your feelings toward yourself, moment by moment, without fail, no matter what kind of habitual thoughts you have, you will surely change. The trick is to "just do it. It is important to do it tirelessly, moment by moment, without giving up, and with persistence.

As long as we are serious, we will take action to move closer to the hope that we only thought we had. If we take action, results will always follow. As was the case with me, in many cases, people start working on improving their personalities only after they have made many mistakes and have their butts lit on fire. But if you get a handle on the evolutionary improvement of your consciousness before that happens, you will see yourself changed without much trouble or even knowing it.

Also, for those of you who are caught up in the term "disappearing form" and think, "It's not disappearing" or "It's not disappearing," replace the term "disappearing form" with "letting go" and think. Then you will see that it was "not letting go" instead of "not disappearing. You will also realize that it is not "not disappearing" but "not letting go.

Also, the "disappearing figure" is not something you erase but is erased by your guardian spirit. If it is your guardian spirit that makes you appear, it is also your guardian spirit that allows you to let go. Therefore, it is a good idea to think of the "disappearing figure" as "the guardian spirit's disappearing figure.

Our guardian spirits do not miss such changes in our minds or realizations that connect us to our true nature. At such times, they borrow the power of our guardian spirits and send a light that promotes a stronger awareness of divinity into the brain essence of the Physical Body, thereby untying the negative synapses in our brains. By the way, synapses are like brain wires connecting information to information.

From this perspective, the "disappearing figure" is "the figure of letting go of the memory," and how to let go of the bias thoughts of the memory. Also, how to untangle the negative synapses, and how to let go of the negative synapses. We must learn and understand how to unravel negative synaptic connections, and then how to reassemble them into divinity synaptic connections.

Today, we would like to let go of our beliefs, obsessions, attachments, and selfish sense of righteousness that we have never really tried to let go of, with the help of the Great Light that radiates from your Divine Spark IN to harmonize all things. There is no need to be greedy. Just one thing is enough. If you have experienced the ability to do even one thing, you will be able to do the same thing in your daily life from now on.

As we perform the Divine Spark IN, please watch the spinning planet Earth, and closely watch all the circumstances surrounding the Earth. As you do so, you will find many thoughts going through your mind. Observe them from a bird's eye and look at them as if you were looking away from the flowing clouds, no matter what you think. In this way, Today, too, let us release the Light of Life, a blend of the Great Light that created and operates the universe and our Physical Body energy.

Then, we will pray the World Peace Prayer in English and Japanese. Please close your eyes and focus on your divinity perspective. When I say, "Hai, arigatou gozai-mashita." please open your eyes. Then, let's get started.